

Singlife Shield Starter

This policy booklet contains the terms and conditions of **your plan**.

Please refer to the **policy schedule** for the **plan** that **you** have bought.

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Benefits Schedule in SG Dollars	
Benefit Parameters	Singlife Shield Starter (Payout includes MediShield Life payout)
Hospital ward type	Private hospital , Public hospital , Community hospital , MOH -approved Inpatient Hospice Palliative Care Service (IHPCS) provider and A&E
Inpatient hospital treatment (claimable up to policy year limit)	
Daily room, board and medical related services	As Charged
Intensive care unit (ICU)	
Surgical benefit (per procedure)	
Table 1 A/B/C (less complex procedures)	
Table 2 A/B/C	
Table 3 A/B/C	
Table 4 A/B/C	
Table 5 A/B/C	
Table 6 A/B/C	
Table 7 A/B/C (more complex procedures)	
Surgical implants	
Radiosurgery ¹ , including Proton beam therapy – Category 4 ²	
Stay in a community hospital (Rehabilitation)	
Stay in a community hospital (Sub-acute)	
Inpatient palliative care service (General)	
Inpatient palliative care service (Specialised)	
Continuation of autologous bone marrow transplant treatment for multiple myeloma ³	
Serious pregnancy and delivery-related complications	
Inpatient psychiatric treatment	As charged up to 60 days per policy year
Major outpatient treatment (claimable up to policy year limit)	
Outpatient kidney dialysis	As charged
Outpatient erythropoietin	
Outpatient cancer drug treatment on Cancer Drug List ⁴	5 times MediShield Life claim limit per month
Outpatient cancer drug services ⁵	5 times MediShield Life claim limit per policy year
Outpatient radiotherapy for cancer which includes:	
- Hemi-body radiotherapy	As charged
- External or superficial radiotherapy	
- Brachytherapy (with or without external radiotherapy)	
- Stereotactic radiotherapy	
- Proton beam therapy – Category 1 ²	
- Proton beam therapy – Category 2 ²	
- Proton beam therapy – Category 3 ²	
Major organ transplant - approved Immunosuppressant drugs	As charged
Long-term parenteral nutrition	

Benefits Schedule in SG Dollars			
Benefit Parameters		Singlife Shield Starter (Payout includes MediShield Life payout)	
Pro-ration factor ⁶			
		Singapore Citizen	Singapore Permanent Resident
Preferred medical providers ⁷	Inpatient	100%	
	Day surgery		
	Major outpatient treatment		
Others	Inpatient	50%	
	Day surgery		
	Major outpatient treatment		
Singlife Shield Starter annual deductible for life assured Age 39 years and below			
Inpatient			
Class C ward		S\$1,500	
Class B2 / B2+ ward		S\$2,000	
Class B1 ward		S\$2,500	
Class A ward / Private hospital		S\$3,500	
Day surgery / short stay ward	Subsidised	S\$1,500	
	Unsubsidised	S\$2,000	
Co-insurance			
Co-insurance		10% (applicable to claimable amount after Singlife Shield Annual Deductible)	
Maximum Claim Limits			
Policy year limit		S\$20,000 ⁸	
Lifetime limit		Unlimited	
Age Limits			
Last entry age		Age 39	
Maximum coverage age		Lifetime (Auto-conversion at age 40 to prevailing Singlife Shield Plan 2 with no further underwriting)	

Footnotes

- The **Singlife Shield Starter annual deductible** and **pro-ration factor** for radiosurgery that applies depends on whether it is classified as an **inpatient** or day **surgery** procedure.
- Please refer to the **MOH** website: <https://go.gov.sg/pbt-approved-indications> for the **MOH**-approved indications and patient eligibility criteria for use of Proton beam therapy. **MOH** may update this from time to time.
- Singlife Shield Starter annual deductible** applies for continuation of autologous bone marrow transplant treatment for multiple myeloma. Subsidised patients will follow the inpatient deductible for Class C and non-subsidised patients will follow the inpatient deductible for Class B2.
- The cancer drug treatment benefit limit is based on a multiple of the **MediShield Life** claim limit for the specific cancer drug treatment. Please refer to the **Cancer Drug List / CDL** on the **MOH** website: <https://go.gov.sg/moh-cancerdruglist> for the **MediShield Life** claim limit on the applicable **cancer drug** treatment. **MOH** may update the **CDL** from time to time.

- 5 The **cancer drug** services benefit limit is based on a multiple of the **MediShield Life** claim limit for **cancer drug** services. Please refer to the **MOH** website: <https://go.gov.sg/mshlbenefits> for the **MediShield Life** claim limit for **cancer drug** services.
- 6 Claims made through **A&E** will not be subjected to the **pro-ration factor**. Refer to clause 2.3(c) for more information.
- 7 **Preferred Medical Provider(s)** refers to the list of approved medical providers (e.g., panel specialist in a private hospital, **public hospitals**, etc.), which may be updated from time to time.

The full list of approved medical providers can be found at <https://singlife.com/medicalspecialists>.
- 8 Payouts are subjected to the **policy year** limit, regardless of individual benefit limits.

Singlife Shield Starter General Provisions

Your policy

This is **your** Singlife Shield Starter policy. It contains the following documents:

- these general provisions
- the **policy schedule**
- the **benefits schedule**
- the **application documents**
- any endorsements

These documents and the following form the full agreement between **you** and **us**:

- all statements to **doctors**,
- declarations and questionnaires about the **life assured's**:
 - lifestyle,
 - occupation, or
 - medical condition,provided to **us** for **our** underwriting purposes, and
- all correspondence between **you** / the **life assured** and **us** about the **policy**.

We refer to them collectively as **your "policy"**. Please examine them to make sure **you** have the protection **you** need. It is important that **you** read them together to avoid misunderstanding.

Unless the context otherwise requires, singular words include plural and vice versa, words meaning one gender include all genders. Words in bold are defined in the 'Definitions' section and will have the same meaning whenever they are used in **your policy**.

To enjoy the **benefits**, **you** must meet the terms and conditions of **your policy** and pay the **premiums** when due.

Singlife Shield Starter is a medical insurance plan covering the **life assured** for costs associated with:

- **hospital** stay,
- **surgery**, and
- selected outpatient treatment.

If **your policy** is integrated with **MediShield Life**, it adds to the **MediShield Life** tier operated by **CPF Board** and gives extra benefits for those who would like more cover and medical insurance protection. The **life assured** is covered under **MediShield Life** if he meets the eligibility conditions in the **act** and **regulations**.

Your policy comes into effect on the **cover start date** if **we** receive **your** first **premium** in full before the **policy issue date**.

We do not pay **benefits** on any claim that occurs before the **cover start date**.

Free Look Period:

If **we** are issuing this **policy** to **you** for the first time, **you** have 21 days from the date **you** receive **your policy** to decide whether **you** want to continue with it. If **you** do not want to continue, **you** may write to **us** to cancel it. As long as **you** have not made any claim under **your policy**, **we** will cancel **your policy** from its **cover start date** and refund **premiums** paid, without interest, less any expenses spent in considering **your** application and issuing **your policy**.

If **your policy** was sent to **you** by post, **we** will consider it delivered 7 days after posting. If **your policy** was sent to **you** electronically, **we** will consider it delivered 7 days after the date it was sent.

1. What your policy covers

The benefits shown below are available for **your policy**. Please refer to the **benefits schedule** for details of the cover provided.

All **benefits** only pay reimbursement for **reasonable expenses** for **necessary medical treatment** received by the **life assured** due to **illness** or **injury** and depend on:

- the terms and conditions in **your policy**,
- the limits shown in the **benefits schedule**, and
- the exclusions in **your policy**.

Treatment must be given by a **hospital**, licensed medical centre or clinic, all of which must be accredited by **MOH** to take part in the **MediShield Life** scheme.

1.1. Inpatient hospital treatment

We will pay for the types of costs shown below. Except for day **surgery**, these costs must be for treatment received by the **life assured** as an **inpatient**.

We will apply the:

- **pro-ration factor**,
- **Singlife Shield Starter annual deductible**, and
- **co-insurance**,

to all **inpatient hospital** treatment where applicable. Please refer to **clause 2.3** to see when and how **we** apply them.

If the **life assured** receives **inpatient** treatment in a luxury or deluxe suite or any other special room of a **hospital**, **we** will calculate the pro-rated amount of the actual charges which the **life assured** has to pay as follows:

$$\frac{\text{Charge for a single-bedded A1 ward in Mount Elizabeth Orchard Hospital}}{\text{Room Charge which the life assured had to pay}} \times \text{total bill}$$

We pay the minimum of **reasonable expenses** or the pro-rated amount of the total bill, whichever is lower.

Inpatient hospital treatment benefit is made up of the following:

(a) Daily room, board and medical related services

Ward charges the **life assured** has to pay for each day in a **standard room** including:

- treatment fees,
- meals,
- prescriptions,
- medical consumables,
- **doctor's** attendance fees,
- medical examinations,
- laboratory tests, and
- miscellaneous medical charges.

(b) Intensive care unit (ICU)

Ward charges the **life assured** has to pay for each day in an **ICU** including:

- treatment fees,
- meals,
- prescriptions,

- medical consumables,
- **doctor's** attendance fees,
- medical examinations,
- laboratory tests, and
- miscellaneous medical charges.

(c) Surgical benefit

Charges the **life assured** has to pay for **surgery** (including day **surgery**) by a surgeon in a **hospital** including:

- surgeon's fees,
- anaesthetist's fees, and
- operating theatre and facility fees.

Any **surgery** not listed in **MOH's** Table of Surgical Procedures - table 1 to 7 on the date of **surgery** is not covered.

For organ transplant, **we** will pay for the transplant **surgery**. Costs of acquiring the organ are not covered. We will not pay this benefit if the organ transplant is illegal or arises from any illegal transaction or practice.

(d) Surgical implants

Charges the **life assured** has to pay for:

- monofocal non-toric lenses for cataracts only, and
- other surgical implants, including but not limited to:
 - Intravascular electrodes used for electrophysiological procedures,
 - Percutaneous transluminal coronary angioplasty (PTCA) balloons, and
 - Intra-aortic balloons (or balloon catheters).

The surgical implants must stay in the **life assured's** body after **surgery**.

To avoid doubt, other than monofocal non-toric lenses, all other types of lenses for cataract are not covered.

(e) Radiosurgery

Charges the **life assured** has to pay for:

Gamma Knife and Novalis radiosurgery (including day **surgery**) by a surgeon in a **hospital**.

- Proton beam therapy (Category 4) for **MOH**-approved indications, subject to patient eligibility criteria for proton beam therapy under **MediShield Life** as provided on the **MOH** website: <https://go.gov.sg/pbt-approved-indications>. **MOH** may update this from time to time.

Cell, Tissue and Gene Therapy are not covered.

(f) Stay in a community hospital (Rehabilitative / Sub-acute)

Charges the **life assured** has to pay for staying in a **community hospital**.

The **life assured** must first receive **inpatient** treatment or **A&E treatment** in a **hospital** and be admitted to the **community hospital** for continuous stay immediately following discharge from the **hospital** or **A&E**.

The admission to the **community hospital** must be:

- for **necessary medical treatment**,
- recommended by the attending **doctor** in the **hospital** where the **life assured** had received **inpatient** treatment or **A&E treatment**, and
- for treatment that arises from the same **injury** or **illness** for which the **life assured** received **inpatient** treatment or **A&E treatment** at the **hospital**.

(g) Inpatient palliative care service (General / Specialised)

Charges the **life assured** has to pay for inpatient palliative care services (general / specialized) from a **MOH**-approved Inpatient Hospice Palliative Care Service (IHPCS) provider.

The life assured must be admitted for inpatient palliative care service by a **doctor**, according to the relevant **MOH** guidelines.

(h) Continuation of autologous bone marrow transplant treatment for multiple myeloma

Charges the **life assured** has to pay for continuation of autologous bone marrow transplant treatment for multiple myeloma, as an outpatient. These include:

- consultation charges,
 - clinical and lab investigations,
 - consumables, and
 - chemotherapy and prescribed medication,
- incurred as a result of the following treatments:
- stem-cell mobilisation
 - harvesting of healthy stem cells
 - pre-transplant workup
 - use of high dosage chemotherapeutic drugs to destroy the cancerous cells
 - engraftment of healthy stem cells
 - post-transplant monitoring

(i) Serious pregnancy and delivery-related complications

Charges the **life assured** has to pay for inpatient treatment for pregnancy complications which includes:

- eclampsia and pre-eclampsia
- cervical incompetency
- accreta placenta
- placental abruption
- placenta praevia
- antepartum, intrapartum and postpartum haemorrhage
- placental insufficiency and Intrauterine growth restriction
- gestational diabetes mellitus
- acute fatty liver of pregnancy
- obstetric cholestasis
- twin to twin transfusion syndrome
- infection of amniotic sac and membranes
- amniotic fluid embolism
- fourth degree perineal laceration
- uterine rupture
- postpartum inversion of uterus
- obstetric injury or damage to pelvic organs
- complications resulting in a caesarean hysterectomy
- retained placenta and membranes
- abscess of breast

- ectopic pregnancy, hydatidiform mole and subsequent complications
- medically necessary abortions
- still-birth
- maternal death

The complications must be first diagnosed by a registered obstetrician after a **waiting period** of 10 months. Please note that delivery charges are not covered, except in the event of caesarean section with hysterectomy.

(j) Inpatient psychiatric treatment

Charges for psychiatric treatment received by the **life assured** as an **inpatient**. All treatment must be provided by a **doctor** qualified to provide psychiatric treatment.

Treatments resulting from drug addiction, or being under the influence of any controlled drugs listed under the First Schedule to the Misuse of Drugs Act 1973 are not covered.

1.2. Major outpatient treatment

We will pay for the types of costs shown below for treatment received by the **life assured** as an outpatient up to the limits shown in the **benefits schedule**.

We will apply the:

- **pro-ration factor**, and
 - **co-insurance** (if applicable),
- to all major outpatient treatment. Please refer to **clause 2.3** to see when and how **we** apply them.

(a) Outpatient kidney dialysis

Charges the **life assured** has to pay for approved outpatient kidney dialysis (using machines or apparatus). Dialysis must be ordered by the attending **doctor** and received by the **life assured** at a **hospital** or registered dialysis centre.

We cover charges for:

- peritoneal dialysis, or
- associated consultation fees, examinations and laboratory tests if they are ordered by the attending **doctor** before dialysis and take place not more than 30 days before the dialysis.

Follow-up consultation fees, examinations, laboratory tests and other medical attention after each session of dialysis are not covered.

(b) Outpatient erythropoietin

Charges for erythropoietin as part of the treatment for chronic kidney failure ordered by the attending **doctor** and received by the **life assured** at a **hospital** or registered dialysis centre.

Follow-up consultation fees, examinations, laboratory tests and other medical attention after each session of erythropoietin treatment are not covered.

(c) Outpatient Cancer Drug Treatment Benefit (on the CDL)

Charges the **life assured** has to pay as an outpatient at a **hospital** or cancer treatment centre registered with the **MOH** or approved by **us** for **cancer drug** treatment that are listed on the **Cancer Drug List / CDL**. Treatments are defined as drug-indication pairs, as described in the **CDL**.

Outpatient **cancer drug** treatments are only claimable under **your policy** if used according to the clinical indications specified on the **CDL** (as at the date of treatment), unless otherwise stated in **your policy**. **MOH** may update the **CDL** from time to time.

For **CDL** treatments that involve more than one drug, **we** allow drug omission or replacement with another **CDL** drug with the indication "for cancer treatment", only if they are due to intolerance or contraindications. In such cases, the claim limit of the original **CDL** treatment will continue to apply.

For cases where multiple cancer drug treatments are administered in a month, if any of the **CDL** treatments have an indication that states "monotherapy", only **CDL** treatments with the indication "for cancer treatment" will be claimable in that month. Else, the following will apply:

- (a) If more than one of the **cancer drug** treatments administered in a month have an indication other than "for cancer treatment", only **CDL** treatments with the indication "for cancer treatment" will be claimable in that month.
- (b) If one or none of the **cancer drug** treatments administered in a month has an indication other than "for cancer treatment", all **CDL** treatments will be claimable in that month.

We will pay up to the highest limit among the **CDL** treatments that are claimable in that month.

For avoidance of doubt, for **CDL** treatments, the indications refer to the clinical indications of the drug as specified in the **CDL** on **MOH's** website go.gov.sg/moh-cancerdruglist. **Non-CDL** treatments will be considered as having an indication other than "for cancer treatment".

(d) **Outpatient Cancer Drug Services**

Charges the **life assured** has to pay for **cancer drug** services for outpatient **cancer drug** treatments. The services are not required to be specific to treatments on the **CDL** and are payable even if they were for a **non-CDL** treatment.

These include:

- consultations,
- scans,
- lab investigations,
- treatment preparation and administration fee,
- supportive care drugs (e.g., for pain/nausea), and
- blood transfusions,

as long as these are part of **cancer drug** treatment.

We also cover charges incurred after the final cancer drug treatment session (for example, consultations, tests and scans) under the **cancer drug** services benefit, only if the charges are part of the final review of the **cancer drug** treatment regime.

The **cancer drug** services benefit does not cover:

- radiotherapy services (covered under radiotherapy treatments), and
- any charges incurred before the cancer is diagnosed, after the cancer has gone into remission or once the course of **cancer drug** treatment has ceased.

(e) **Outpatient radiotherapy for cancer**

Charges the **life assured** has to pay for the following cancer treatments as an outpatient at a **hospital** or legally registered cancer treatment centre:

- hemi-body radiotherapy
- external or superficial radiotherapy
- brachytherapy (with or without external radiotherapy)
- stereotactic radiotherapy

- proton beam therapy (Category 1, 2 and 3), for the allowable indications, subject to the patient eligibility criteria specified on **MOH** website: <https://go.gov.sg/pbt-approved-indications>

Associated consultation fees, examinations and laboratory tests are covered if:

- they are ordered by the attending **doctor** before the treatment, and
- take place not more than 30 days before the treatment.

Follow-up consultation fees, examinations, laboratory tests, other medical attention after each session of outpatient cancer treatment, Proton Beam Therapy, and Cell, Tissue and Gene Therapy are not covered.

(f) Major organ transplant – approved immunosuppressant drugs

Charges the **life assured** has to pay for immunosuppressant drugs approved by the **Health Sciences Authority** as part of **necessary medical treatment** as an outpatient after major organ transplant to reduce the rate of rejection.

The major organ transplant must first be approved by **us**.

(g) Long-term parenteral nutrition

Charges the **life assured** has to pay for parenteral nutrition bags and consumables necessary for the administration of long-term parenteral nutrition.

The **life assured** must meet the clinical criteria for long-term and home parenteral nutrition covered under **Medishield Life**.

2. Our responsibilities to you

We are responsible to **you** for only the cover and period of **your policy**. **Our** responsibilities are governed by the terms, conditions and limits of **your policy**.

We pay the minimum of **reasonable expenses** or the pro-rated amount of the total bill, whichever is lower.

We will deduct any amounts due or owing to **us** under **your policy** before paying any **benefits**. The final computed **benefits** must not exceed the **policy year limit** shown in the **benefits schedule**.

If the **life assured's** policy is integrated with **MediShield Life**, **we** will pay claims according to **your policy** or **MediShield Life**, whichever is higher.

2.1. Making a claim

All **inpatient** and major outpatient treatment claims must be made and sent to **us** through the electronic filing system set up by **MOH**, and according to the **act** and **regulations**.

You must:

- complete the Medical Claims Authorisation Form (Single or Multiple version) to give **your** consent to the:
 - **CPF Board**,
 - medical clinic, or
 - Institution,
 to verify **your** insurance membership and release of medical information, and

- give **us** any other documents, authorisations or information **we** need to assess the claim.

All claims must be sent to **us** within 90 days from the:

- date of treatment,
- date of billing, or
- date the **life assured** leaves the **hospital**,

whichever is later.

For claims which are electronically filed to **us** by the **hospital**, **we** will pay the **hospital** directly. Otherwise, **we** will pay **you**.

If **you**, the **life assured** or the **life assured**'s personal representatives do not co-operate with **us** in dealing with the claim, the assessment of the claim may be delayed or **we** can reject the claim.

2.2. Settling the claim

We will apply the following limits shown in the **benefits schedule** (if applicable) to the **benefits** in the following order when computing **your** claim:

(i) All benefits (except major outpatient treatment)

- (a) eligible expenses
- (b) **pro-ration factor**
- (c) limit of **benefits**
- (d) **Singlife Shield Starter annual deductible**
- (e) **co-insurance**
- (f) **policy year limit**

(ii) Major outpatient treatment

- (a) eligible expenses
- (b) **pro-ration factor**
- (c) **co-insurance**
- (d) limit of **benefits**
- (e) **policy year limit**

We will pay the claim once **we** are satisfied that all requirements are fully met. Any payment made under this clause will entirely release **us** from any obligations and any further liability for the claim.

If the amount **we** pay to a **hospital** under the letter of guarantee issued to the **hospital** is not payable, **you** must fully indemnify and reimburse **us** for the amount within 30 days from the date of **our** notice asking for reimbursement.

We have the right to have our appointed **doctor** examine the **life assured**, whenever and as often as **we** may reasonably want:

- before **we** admit or pay any claim, and
 - during the duration of a claim,
- under **your policy**.

We have the right to ask for a post-mortem where this is not forbidden by law.

2.3. Limits of Liability

Our liability for each **benefit** under **your policy** is limited to the amounts shown in the **benefits schedule**. **We** will apply the:

- **pro-ration factor**,
 - **Singlife Shield Starter annual deductible**, and
 - **co-insurance** (if applicable),
- before **we** pay any benefit.

(a) Singlife Shield Starter annual deductible

Singlife Shield Starter annual deductible applies to all claims made under **your policy** except for all major outpatient treatments.

(b) Co-insurance

Co-insurance applies to all claims made under **your policy**.

(c) Pro-ration factor

The **pro-ration factor** as stated in the **benefits schedule** will apply to expenses which the **life assured** has to pay, except where claims are made through **A&E**.

The benefit **we** pay will be reduced by first applying the **pro-ration factor** to:

- the original final bills showing the actual charges which the **life assured** has to pay, or
 - **reasonable expenses**,
- whichever is lower.

How we apply the pro-ration factor, Singlife Shield Starter annual deductible and co-insurance in each policy year

(Figures are purely for illustration only.)

Example 1

Plan: Singlife Shield Starter

Hospital: Private **hospital** (panel specialist)

Ward of discharge: Standard Single Bed

Expenses	Benefit Limits	Amount incurred & covered by Singlife Shield Starter
Daily room, board and medical related services	As charged	\$3,000
Surgical benefit	As charged	\$7,000
Total bill		\$10,000
Singlife Shield Starter annual deductible		
		\$3,500
Co-insurance		
(10% x (\$10,000-\$3,500))		\$650
You pay		\$4,150 (\$3,500 + \$650)
We pay		\$5,850 (\$10,000 - \$3,500 - \$650)

Example 2**Plan:** Singlife Shield Starter**Hospital:** Private **hospital** (non-panel specialist)**Ward of discharge:** Standard Single Bed

Expenses	Benefit Limits	Amount Incurred	Pro-rated Amount (50% pro-ration factor)	Amount Covered by Singlife Shield Starter
Daily room, board and medical related services	As charged	\$3,000	\$1,500	\$1,500
Surgical benefit	As charged	\$7,000	\$3,500	\$3,500
Total bill		\$10,000	\$5,000	\$5,000
Singlife Shield Starter annual deductible			\$3,500	
Co-insurance (10% x (\$5,000 - \$3,500))			\$150	
You pay			\$8,650 (\$5,000 + \$3,500 + \$150)	
We pay			\$1,350 (\$5,000 - \$3,500 - \$150)	

3. Your responsibilities**3.1. Full disclosure**

You and the **life assured** must always disclose to **us** completely and truthfully all material facts and circumstances that may affect **our** decision whether or not to:

- cover the **life assured**, or
- add any further terms and conditions on **your policy**.

This applies to all information given to **us** for **our** assessment of **your** application for cover.

If **you** do not give **us** this information or misrepresent any information, **we** may: choose to:

- declare **your policy** “void” from the **cover start date** or the last **reinstatement date** (whichever is applicable), or
- end the cover for the **life assured**, and either refund **you**:
- all **premiums** paid to **us** if **you** have not made any claim under **your policy**, or
- the **premium** paid to **us** in the first **policy year** immediately following the **policy year** in which **you** made the last claim under **your policy**,

If the **life assured** is a Singapore citizen or a Singapore permanent resident, the **life assured** will continue to be covered under **MediShield Life** without any exclusion.

3.2. Premium

You must pay the **premium** every year in order to receive the **benefits**.

We give **you** 60 days’ **grace period** from the **renewal date** to pay the **premium**. During this **grace period**, **your policy** will stay in effect. **You** must first pay any **premium** or other amounts owing to **us**

before **we** pay any claim under **your policy**. If **you** do not pay the **premium** by the last day of the **grace period**, **your policy** will end on the **renewal date**.

You are responsible for making sure that **your premium** is paid up to date.

We may deduct **your premium** from the designated Medisave account according to the **act** and **regulations** and the **CPF Act** and any subsidiary legislation under the **CPF Act**, as may be amended, extended, or re-enacted from time to time.

You must pay the **premium** or any part of it in cash if:

- the **premium you** owe is more than the maximum Additional Withdrawal Limit (for Singapore citizens or Singapore permanent residents) or Medisave Withdrawal Limit (for foreigners) set by the **CPF Board**,
- there are not enough funds in **your** Medisave account to pay the **premium** due, or
- the **premium**, or part of it is not taken from the designated Medisave account for any reason.

3.3. Change of citizenship

You must tell **us**, as soon as possible, when the **life assured's** citizenship status changes.

4. When your policy ends

Your policy automatically ends on the date:

- the **life assured** dies,
- **we** receive **your** written notice requesting cancellation of **your policy** under **clause 5.2**,
- **we** do not receive **your premium** after the **grace period**,
- **you** fail to give **us** any information or document which **we** require from **you**, which date will be determined by **us**,
- **you** fail or refuse to refund any amount **you** owe **us**, which date will be determined by **us**,
- fraud under **clause 7.9** takes place,
- **you** do not reveal information or misrepresent to **us** under **clause 3.1**,
- **you** or the **life assured** does not meet the eligibility requirements set out under **clause 7.1**,
- the cover of **your policy** ends,
- upon conversion of the **policy** under **clause 7.5**, or
- the **life assured** is covered under another Medisave-approved integrated shield plan, whichever is the earliest.

When **your policy** ends, **you** have no further claims or rights against **us** even if **your** claim arose directly or indirectly from a covered condition which occurred before **your policy** ended.

Ending **your policy** does not affect the **life assured's** cover under **MediShield Life**. The **life assured** will continue to be covered under **MediShield Life** as long as he is eligible under the **act** and **regulations**.

5. What you can do with your policy

5.1. Reinstate your policy

If **your policy** terminates because **you** have not paid the **premium**, **you** may apply to **us** within 30 days from the date of notice of termination to reinstate **your policy** if **you** meet all of the following conditions:

- the **life assured** must be **age 39** or below on the **reinstatement date**,
- **you** must pay all **premiums you** owe before **we** will reinstate **your policy**, and
- **you** have given **us** satisfactory proof of insurability for each **life assured** at **your** expense.

If **we** agree to reinstate **your policy**, **we** will issue **you** a notice of reinstatement. If there is any change in the **life assured's** medical or physical condition, **we** may add exclusions from the **reinstatement date**.

To avoid doubt, if **we** accept any **premium** after **your policy** has ended, it does not mean **we** will not enforce **our** rights under **your policy** or **we** will create any liability for **us** in terms of any claim. **We** will not pay for treatment provided to the **life assured** after the date **your policy** ends and within 30 days from the **reinstatement date** unless treatment was received as an **inpatient** for **injuries** caused by an **accident** which took place after the **reinstatement date**.

5.2. Cancel your policy

You may cancel the policy with effect from any **renewal date** by giving **us** at least 30 days' written notice of **your** intention not to renew **your policy**. The **life assured's** cover under **your policy** will end on the **renewal date**.

You may also cancel **your policy** during the **policy year** and after the free look period by giving **us** at least 30 days' written notice. **We** will refund **you** the pro-rated **premium** for the unexpired period of cover.

5.3. Change your plan

You may write to **us** at any time and ask to change the **life assured's plan**.

If **you** ask to **upgrade** the **life assured's plan**, **you** must give **us** satisfactory proof of insurability for each **life assured** and pay for the costs involved. Any claim that arises from a **pre-existing condition** after the **upgrade** will be assessed based on the terms and conditions of the **plan** before the **upgrade**.

Downgrade of the **life assured's** plan is not available.

If **we** approve **your** request to change the **life assured's plan**, **we** will write to tell **you** when the new plan will take effect. The **policy year** and **period of insurance** for **your** existing **plan** will end on the day immediately before the day on which **your** new plan takes effect. The period of insurance for the new plan will be a 12-month term from the date on which the new plan takes effect and the limits shown in the **benefits schedule**, the **Singlife Shield annual deductible** and **co-insurance** for the new plan will apply from the date on which the new plan takes effect. The **benefits** which **we** pay on a per lifetime basis will not be paid again in the new **policy year** if **you** have made a claim on these **benefits** and **we** have paid 100% of the limits shown in the **benefits schedule** for these **benefits** before **your** change of **plan**.

A **pre-existing condition** which has been permanently excluded under **clause 7.8** will remain permanently excluded under the **upgrade**.

6. What your policy does not cover

The following treatment items, procedures, conditions, activities and their related or consequential expenses are not covered under **your policy**. However, some of these exclusions may be covered under **MediShield Life**. For exclusions that are covered under **MediShield Life**, **we** will deal with **your** claim according to the terms and conditions and benefit limits of **MediShield Life**. If **we** say that because of an exclusion or any other term or condition of **your policy**, any loss, damage, cost or expense is not covered by **your policy**, the burden is on **you** to prove otherwise.

- (a) all expenses for treatment as an **inpatient**, if the **life assured** was admitted to the **hospital** before the **cover start date**,
- (b) any **pre-existing condition** (unless **we** cover it under **clause 7.8**),

- (c) overseas medical treatment,
- (d) transport for trips made to obtain medical treatment such as ambulance fees, **emergency** evacuation, or send home a body or ashes,
- (e) private nursing charges and nursing home services (unless **we** cover it under **inpatient** palliative care service),
- (f) **inpatient** room and board charges for **surgery** which can be done as day **surgery**,
- (g) admission as an **inpatient** for medical services, examination or treatment which can be done on an outpatient basis including but not limited to X-ray, CT scan or MRI scan (unless **we** cover it under day **surgery**),
- (h) health screenings (including endoscopy for health screening purposes) and primary prevention (refers to medical services for generally healthy individuals to prevent a disease from ever occurring, in the absence of medical indications, eg. general medical / health screening packages, general physical checkups, vaccinations, etc.),
- (i) medical certificates, examinations for employment or travel, routine eye or ear examinations, hearing aids, spectacles, contact lenses and correction for refractive errors of the eye,
- (j) elective cosmetic treatments and plastic **surgery** unless the **surgery** is necessary for:
 - repair of damage caused by an **accident**. The **surgery** must be done within 365 days from the date of **accident**, or
 - breast reconstruction after mastectomy due to breast cancer. The breast reconstruction must be done within 365 days from the date of mastectomy. Any **surgery** or reconstruction of the other breast to produce a symmetrical appearance will not be covered,
- (k) any treatment claimed to prevent **illness**, promote health or improve bodily function or appearance including but not limited to vitamins, supplements, scar creams, soaps and moisturisers,
- (l) dental treatment or oral **surgery** related to teeth (unless a dental or oral **surgery** is required as a result of an **accident**),
- (m) palliative care, rest cures and services or treatment at any home, spa, hydro or aqua clinic, sanatorium or hospice, or long-term care facility that is not a **hospital**, (unless **we** cover it under **inpatient** palliative care service),
- (n) infertility, contraception, sterilisation, impotence, sexual dysfunction or assisted conception tests or treatments or sex change operations,
- (o) treatment or surgical procedures done at fertility clinics or centres and reproductive medicine clinics or centres,
- (p) pregnancy, childbirth, miscarriage, abortion or termination of pregnancy, or any form of related **hospitalisation** or treatment (unless **we** cover it under serious pregnancy and delivery-related complications benefit),
- (q) treatment for obesity, weight reduction, weight improvement or procedure for weight management,
- (r) treatment for birth defects, including hereditary conditions and disorders and congenital anomalies,
- (s) prosthesis, corrective devices and medical appliances which are not surgically required including the buying or renting of the following for use at home or as an outpatient:
 - braces,
 - special / medical appliances which are not necessary for the completion of a surgical operation, including location, transport and associated administrative costs of such appliances,
 - durable medical equipment and machines,
 - corrective devices,
 - wheelchairs,
 - walking aids,
 - home aids,
 - kidney dialysis machines,
 - iron lungs,
 - oxygen machines,
 - **hospital** beds,
 - any other **hospital** type equipment,
 - replacement organs.

- (t) alternative or complementary treatments, including traditional Chinese medicine (TCM), naturopathic, homeopathic, podiatric, chiropractic or osteopathic treatment or a stay in any health-care establishment for social or non-medical reasons,
- (u) costs relating to cornea, muscular, skeletal or human organ or tissue transplant (unless **we** cover it under surgical benefit or major organ transplant – approved immunosuppressant drugs),
- (v) all costs relating to the stem cell transplant such as cost of harvesting, laboratory test, investigations, storage, transport and cell culture (unless **we** cover it under Continuation of Autologous Bone Marrow Transplant Treatment for Multiple Myeloma),
- (w) treatment resulting from drug addiction or being under the influence of any controlled drugs listed under the First Schedule to the Misuse of Drugs Act,
- (x) treatment for psychological, emotional or mental problems or conditions (unless **we** cover it under **inpatient** psychiatric treatment),
- (y) experimental or pioneering medical or surgical techniques, and medical devices including medical treatments that were of an investigational or research nature, not approved by **Health Sciences Authority** and the Centre of Medical Device Regulation, as well as clinical trials for medicinal products, whether or not these trials have a clinical trial certificate issued by the **Health Sciences Authority**,
- (z) medical devices, drugs, therapeutic products and CTGTP (Cell, Tissue and Gene Therapy Products) not approved by **Health Sciences Authority**,
- (aa) **injury** or **illness** arising from or in connection with any illegal act such as imprisonment,
- (bb) **injury** or **illness** arising directly or indirectly from or in connection with engagement or involvement in any hazardous activities or sports when remuneration or income could or would be earned or in a professional or competitive pursuit full-time, part-time, contractual or ad hoc basis other than for leisure or as a hobby,
- (cc) costs arising out of any litigation or dispute between the **life assured** and any medical personnel or establishment from whom treatment has been sought or given, or any other costs not directly and specifically related to the payment of the medical expenses covered by **your policy**,
- (dd) any loss or damage, cost or expense of whatever nature that is caused directly or indirectly by, results from or is connected to the following even if some other cause or event may contribute to the loss:
 - ionising radiation or contamination by radioactivity from any nuclear fuel or nuclear waste from the burning of nuclear fuel,
 - radioactive, toxic, explosive or other hazardous or contaminating properties of any nuclear installation, reactor or other nuclear assembly or nuclear component,
 - any weapon of war using atomic or nuclear fission or fusion or other reaction of radioactive force or matter,
- (ee) death, disability, loss, damage, destruction, legal liability, cost or expense including consequential loss which is directly or indirectly caused by, results from or is connected to any of the following even if some other cause or event may contribute to the loss:
 - a) war, invasion, acts of foreign enemies, hostilities or warlike operations (whether war is declared or not), civil war, rebellion, revolution, insurrection, civil commotion assuming the proportions or amounting to an uprising, military or usurped power, or
 - b) any act of terrorism including but not limited to:
 - the use or threat of force or violence,
 - harm or damage to life or property (or the threat of harm or damage) including nuclear radiation or contamination by chemical or biological agents or any person or group of persons, which are carried out for political, religious, ideological or similar purposes, to put the public or a section of the public in fear, or
 - any action taken to control, prevent, suppress or in any way relating to (a) or (b),
- (ff) sexually transmitted diseases and any treatment or test connected with human immunodeficiency virus (HIV) infection-related conditions or diseases, except:
 - HIV infection acquired through blood transfusion in Singapore, or
 - HIV acquired while performing regular professional duties in a medical profession in Singapore,
- (gg) charges for non-necessary medical goods or services such as telephone, television or newspapers,
- (hh) fees or payment made to third party administrators or patient referral services
- (ii) all outpatient medical expenses (unless **we** cover it under major outpatient treatment)
- (jj) claims incurred directly or indirectly as a result of violation or attempted violation of any law, subsidiary legislation, governmental notice, policy or other statutory requirement, or any change thereof,

(kk) charges for outpatient **cancer drug** treatments that are not on the **CDL (Non-CDL)**.

7. What you need to note

7.1. Eligibility

To be eligible for Singlife Shield Starter, **you** must:

- be a Singapore citizen or Singapore permanent resident, and
 - have a Medisave account,
- and the **life assured** must be **age 39** or below at the **cover start date**.

A new-born is eligible for cover 15 days after birth or after discharge from **hospital**, whichever is later.

7.2. Geographical scope

The **life assured** must seek treatment in Singapore. Any treatment provided to the **life assured** outside Singapore is not covered by **your policy**.

7.3. Other insurance

If **you** or the **life assured** have other insurance policies which provide reimbursement of medical expenses, **you** or the **life assured**, must first claim from these policies before making any claim under **your policy**. **Our** obligations to pay under **your policy** will only arise after **you** have fully claimed under these policies.

If **we** have paid any **benefit** to **you** first before **you** make a claim under the other medical insurance policies, the other medical insurers or **your** employer must refund **us** their share. **You** must file **your** claim with the other medical insurers or **your** employer so that **we** can get back their share of the claim **we** have paid. For every claim, the total reimbursement **we** make will not be more than the expenses actually paid.

7.4. Co-operation

We will not pay under **your policy** unless **you**, the **life assured** and his personal representatives:

- co-operate fully with **us** and **our** medical advisers,
- fully and faithfully disclose all material facts and matters, and
- sign all documents required to empower **us** to obtain relevant information from any **doctor**, **hospital** or other sources.

You, the **life assured** and his personal representatives must pay for any costs involved.

7.5. Guaranteed renewal

We guarantee renewal of **your policy** automatically every year as long as:

- **we** receive the **premium** before the **grace period** ends, and
- the cover for the **life assured** has not been ended under **clause 4**.

When **you** are **age 40**, **your policy** will automatically be converted into the prevailing Singlife Shield Plan 2 (or equivalent plan for Public Hospital Class A ward), with no further underwriting. **You** will pay the prevailing **premiums** based on **your age** for Singlife Shield Plan 2 (or equivalent plan for Public Hospital Class A ward).

7.6. Change of policy terms or conditions

We may change the **benefits**, cover, **premiums** or terms and conditions of **your policy** or revoke **your policy** at any time without notice if:

- **we** are required to do so by any law, regulation, governmental notice, policy or other statutory requirement, or
- there is incorrect or incomplete information in **your application documents**, or any information or document given to **us**.

Other than the above circumstances, **we** may change the **benefits**, cover, **premiums** or terms and conditions of **your policy** by giving **you** at least 30 days' prior notice.

7.7. Entry age of the life assured

The **premium** is based on the **life assured's age**.

The maximum entry age is **age 39**.

If the **life assured's** age is misstated, **we** have the right to adjust **premiums** according to the correct age. **We** will collect any shortfall in **premium** and refund any extra **premium** paid without interest.

7.8. Pre-existing conditions

All **pre-existing conditions** are excluded under **your policy** unless **you** have declared the **pre-existing condition** and it has been accepted by **us** in writing.

7.9. Fraud

If there is any fraud, **we** will cancel **your policy** immediately and **you** will forfeit all **benefits** and **premiums** paid.

7.10. Trust

We do not recognise and **our** rights will not be affected by any notice of trust, charge or assignment relating to this **policy**.

7.11. Currency

We pay all **benefits** in Singapore dollars. **We** will convert bills which are shown in foreign currency to Singapore currency at the exchange rate **we** decide to use on the date **we** process the claim.

7.12. Policy Year Limit

- (a) The **policy year limit** applies to actual claims payable less any **Singlife Shield Starter annual deductibles** and **co-insurance**.
- (b) Payouts are subjected to the **policy year limit**, regardless of individual benefit limits.

7.13. Applications and notices

All applications and notices to **us** must:

- be in writing on **our** prescribed form (if any),
- contain all required relevant information,
- contain correct and complete information,
- be supported by documentary proof acceptable to **us**, and
- be signed by **you**.

We must be satisfied that the application or notice and supporting documents are authentic. **We** may ask **you** to provide additional information or documents to **us** before **we** act on the application or notice.

An application or notice to **us** will be treated as received by **us** only if the original application or notice is sent to **our** registered office. However, **we** may act on any application or notice received by facsimile, email or other electronic means.

7.14. Dispatch of documents, notices and cheques

We will post any documents, notices and cheques to **your** address held in **our** records at the relevant time. **You** will receive documents and notices electronically if **you** choose to receive e-documents. The notices, cheques and documents are considered delivered 7 days after the date **we** sent them.

We will not be responsible for any consequences if **you** fail to inform **us** of any change of address.

7.15. Excluding third party rights

Anyone not a party to this **policy** cannot enforce it under the Contracts (Rights of Third Parties) Act 2001.

7.16. Integration with MediShield Life

If **your policy** is integrated with **MediShield Life** to form a Medisave-approved integrated shield plan:

- the **life assured** will enjoy all **benefits** under **MediShield Life**, and
- if the **life assured's** cover under **your policy** ends, the **life assured's** cover under **MediShield Life** will continue as long as the **life assured** meets the eligibility conditions shown in the **act** and **regulations**.

7.17. Applicable law

Your policy is governed by and interpreted according to the law of Singapore. The Singapore courts have exclusive jurisdiction.

7.18. Legal proceedings

You will not bring any action in law or equity for or relating to any claim under **your policy** before 60 days have expired from the date **you** give **us** satisfactory proof of claim according to the terms and conditions of **your policy**.

7.19. Arbitration

Any difference of medical opinion regarding the results of an **accident, illness**, death or expense will be settled by two medical experts appointed respectively in writing by **you** and **us**. Any difference of opinion between the two medical experts will be referred to an umpire appointed by the medical experts at the outset.

7.20. Severability

If any provision (or part of a provision) of **your policy** is invalid or unenforceable, it does not affect the remaining provisions. **We** will consider the affected provision (or part of the provision) as cut off.

7.21. Non-waiver

If **we**

- fail to enforce any provision of **your policy**, or
 - accept any **premium** with actual or implied knowledge of any non-disclosure, misrepresentation, fraud and/or breach of **your policy** or of the law,
- it does not mean **we** waive of **our** rights under **your policy** or at law.

We will still have the right to enforce every provision of the **policy** even if **we** have not done so in the past.

7.22. Policy Owners' Protection Scheme

This **policy** is protected under the Policy Owners' Protection Scheme which is administered by the Singapore Deposit Insurance Corporation (SDIC). Coverage for **your policy** is automatic and no further action is required from **you**. For more information on the types of benefits that are covered under the scheme as well as the limits of coverage, where applicable, please contact **us** or visit the LIA or SDIC websites (www.lia.org.sg or www.sdic.org.sg).

8. Definitions

A&E means the accident and emergency unit of a **hospital**.

A&E treatment means treatment received by the **life assured** in an **A&E**.

Accident means an unexpected incident that results in an **injury**. Except for **injury** caused specifically by drowning, choking on food, food poisoning or suffocation by smoke, fumes or gas, the **injury** must be caused entirely by violent, external and visible means and not by sickness, disease or gradual physical or mental process.

Act means the MediShield Life Scheme Act 2015, as amended, extended or re-enacted from time to time.

Age or **ANB** means age next birthday.

Application documents mean the application form and any related document attached to **your policy**.

Approved Cancer Drug means any active ingredient (or combination of active ingredients) in the dosage form and strength listed in the CDL and administered for the corresponding clinical indication listed in the CDL.

Benefits means the benefits set out in **your policy** and the **benefits schedule**.

Benefits schedule means the schedule attached to **your policy** which sets out the benefits payable under **your policy**, as amended by **us** from time to time.

Cancer Drug means any drug, including any **approved cancer drug** used for the treatment of neoplasms.

Cancer Drug List / CDL means the list of clinically proven and more cost-effective **cancer drug** treatments on the **MOH** website: <https://go.gov.sg/moh-cancerdruglist>. Outpatient **cancer drug** treatments are only claimable under **your policy** if used according to the clinical indications specified in the **CDL**, unless otherwise stated in **your policy**. **MOH** may update the **CDL** from time to time.

CPF Act means the Central Provident Fund Act 1953 as amended, extended or re-enacted from time to time.

CPF Board means the Central Provident Fund Board of Singapore.

Co-insurance means the amount that **you** need to co-pay on the claimable amount after **Singlife Shield Starter annual deductible** has been paid. The **co-insurance** percentages for the **benefits** are shown in the **benefits schedule**.

Community hospital means any approved community hospital under the **act** and **regulations** and the **CPF Act** and any subsidiary legislation under the **CPF Act** as amended, extended or re-enacted from time to time that provides an intermediate level of care for individuals who have simple **illnesses** that do not need care in a **hospital**.

Cover start date means the date shown in the **policy schedule**, on which cover for a **benefit** starts.

Doctor means a doctor with a recognised degree in western medicine who is legally licensed to practise in the country in which treatment is provided but should not be **you**, the **life assured** or **your** or the **life assured's** relative, sibling, spouse, child or parent.

Downgrade means a change of **plan** to a new plan with lower benefits under the same policy.

Emergency means a medical condition which needs immediate medical attention by a **doctor** within 24 hours of an **accident** or **illness** taking place.

Grace period means the grace period in **clause 3.2**.

GST means goods and services tax levied in Singapore.

Health Sciences Authority means the Health Sciences Authority of Singapore.

Hospital means: A **public hospital**,
A private **hospital**,
A **community hospital**, or
Any other medical institution **we** accept.

Illness means a physical condition marked by pathological deviation from the normal healthy state.

Injury means bodily injury caused solely and directly by an **accident**.

Inpatient means a person admitted to a **hospital** for treatment for at least 6 consecutive hours who is charged a daily room and board charge by the **hospital**. It includes admission, for any length of time, for **surgery** and any preparation or procedure connected with **surgery** which does not have a room and board charge.

Intensive care unit (ICU) means the intensive care unit of a **hospital**.

Life assured means the person named as the life assured in the **policy schedule**.

MOH means Ministry of Health, Singapore.

MediShield Life means the basic tier of insurance protection scheme run by the **CPF Board** and governed by the **act** and **regulations**.

Necessary medical treatment means the services and supplies provided by a **doctor** which, according to the standards of good medical practice, is consistent with the diagnosis and treatment of the **life assured's** condition, is required for reasons other than the convenience of the **life assured** or the **doctor** and the most appropriate supply or level of service which can be safely provided to the **life assured**. **GST** on **necessary medical treatment** is included.

Non Cancer Drug List / Non-CDL treatments means **cancer drug** treatments that are excluded from the **Cancer Drug List** and classified as **Non-CDL** treatments in the **Non-CDL** Classification Framework developed by the Life Insurance Association, Singapore, as set out in <https://www.lia.org.sg/media/3553/non-cdl-classification-framework.pdf>.

Period of insurance means each 12-month term of cover under **your policy** and starts on the **cover start date** (or if **you** change the **life assured's plan**, from the date on which the new plan takes effect) or the **renewal date**, whichever is later.

Plan means the type of plan that **you** have chosen under **your policy** and which is shown in the **policy schedule**.

Policy schedule means the schedule attached to **your policy** which sets out the particulars of **your policy**, as amended by **us** from time to time.

Policy issue date means the date that **we** issue the **policy** to **you** as shown in the **policy schedule**.

Policy year means a period of 12 months starting from the **cover start date** (or if **you** change the **life assured's plan**, from the date on which the new plan takes effect) and each consecutive 12-month period for which **your policy** is renewed.

Policy year limit means, in respect of each **life assured**, the maximum amount shown in the **benefits schedule** which can be claimed under **your policy** for that **life assured** during any one **policy year**.

Pre-existing condition means any **illness, injury**, condition or symptom:

- for which the **life assured** asked for or received treatment, medication, advice or diagnosis from a **doctor** before the **cover start date**, or the last **reinstatement date**, whichever is later,
- which existed or were evident before the **cover start date**, or the last **reinstatement date**, whichever is later, and would have led a reasonable and sensible person to seek medical advice or treatment, or
- which was foreseeable or known, by **you** or the **life assured**, to exist before the **cover start date**, or the last **reinstatement date**, whichever is later, whether or not the **life assured** asked for treatment, medication, advice or diagnosis.

Preferred Medical Provider(s) refers to the list of approved medical provider (e.g., panel specialist in a private hospital, **public hospitals**, etc.), which may be updated from time to time. The full list of approved medical providers can be found at <https://singlife.com/medicalspecialists>.

Premium means the amount shown in the **policy schedule** which **you** must pay **us** to apply for the **benefits** and keep the **benefits** in force.

Pro-ration factor means the percentage shown in the **benefits schedule** and is more particularly described in **clause 2.3(c)** of these General Provisions.

Public hospital means a **hospital** in Singapore that:

- is run as a private company owned by the Singapore Government,
- is governed by broad policy guidance from the Singapore Government through **MOH**, and
- receives a yearly government subsidy to provide subsidised medical services to its patients.

Reasonable expenses mean expenses paid for medical services or treatment which **we** or **our** medical advisers consider reasonable and customary and which could not have reasonably been avoided without negatively affecting the **life assured's** medical condition. These expenses must not be more than the general level of charges of other medical care providers with similar standing in Singapore, for giving like or comparable treatment, services or supplies to individuals of the same gender, of comparable age, for a similar **illness** or **injury**.

Regulations mean any subsidiary legislation made under the **act**, as amended, extended or re-enacted from time to time.

Reinstatement date means the date on which **your policy** is reinstated after it has ended due to **you** not paying **premiums** within the **grace period**. **We** will tell **you** when **your policy** is reinstated.

Renewal date means the date on which **your policy** is renewed for a further **period of insurance**.

Residency / resident in a country means being physically present in that country for a continuous period of at least 183 days.

Singlife Shield Starter annual deductible means the cumulative total amount of medical expenses which **you** have to bear during any one **policy year** before any **benefits** are payable under **your policy** as shown in the **benefits schedule**.

Specialist means a qualified and licensed **doctor**, who has the necessary extra qualifications and expertise to practise as a recognised specialist of diagnostic techniques, treatment and prevention, in a particular field of medicine, like psychiatry, neurology, paediatrics, endocrinology, obstetrics, gynaecology, dermatology and physiotherapy.

Standard room means the class of hospital ward (including the high dependency ward) which is categorised as standard by the hospital in which the **life assured** is staying as an **inpatient**.

Surgery means an invasive procedure performed by a surgeon involving general or local anaesthesia for the correction of deformities or defects, repair of **injuries** and the diagnosis or cure of **illnesses**.

Upgrade means a change of **plan** to a new plan with higher benefits under the same policy.

Waiting period means the period starting from:

- the **cover start date**, or
- the last **reinstatement date**,

whichever is later, before the specific **benefit** to which it applies becomes payable.

We, us, our means Singapore Life Ltd.

You, your means the owner of the policy who is named as the assured in the **policy schedule**.